

December Movie Group

December movies include the fascinating *The Grand Budapest Hotel* and an important documentary, *Memories For Life: Reversing Alzheimer's*. You can watch anytime, but if you watch before December 3, please join the Movie Group meeting and share your impressions, thoughts, and recommendations!

The Grand Budapest Hotel (2014, Prime Video) – Comedy. In the 1930s, the Grand Budapest Hotel is a popular European ski resort, presided over by concierge Gustave H. (Ralph Fiennes). Zero, a junior lobby boy, becomes Gustave's friend and protege. Gustave prides himself on providing first-class service to the hotel's guests, including satisfying the many elderly women who stay there. When one of Gustave's elderly customers dies mysteriously, Gustave finds himself the recipient of a priceless painting and the chief suspect in her murder. (Rotten Tomatoes, 92%)

Memories For Life: Reversing Alzheimer's (2023, Prime Video) – Documentary. This film, narrated by Michael Bublé, follows the first Alzheimer's patients who are reversing their cognitive decline by following a novel therapeutic protocol developed by a renowned American neurologist, Dr. Dale Bredesen. Despite having invested billions of dollars over the last 30 years into Alzheimer's research, the pharmaceutical industry has approved few drugs, all of which are very expensive, and only slow the rate of decline. The film documents the eye-opening results of Bredesen's lifestyle-based treatment and questions why this protocol is not being embraced by more traditional medical and pharmaceutical researchers, who argue that his claims aren't backed by enough science yet.