

MOUNT VERNON AT HOME OCTOBER 2026 MEMBER EVENTS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>To RSVP, call our office at 703-303-4060 during regular office hours on weekdays</i>				1 Coffee at Little Way Cafe 10:00 am <i>In Person</i>	2 Walking Group at Fort Hunt Park Parking Lot C 10:00 am <i>In Person</i>	3
4	5	6 Office Closed Movie Group 3:00 pm On Zoom	7 Museum of the Army Carpool 11:00 am <i>In Person</i>	8	9 Walking Group at Fort Hunt Park Parking Lot C 10:00 am <i>In Person</i>	10
11	12 Columbus Day Office Closed	13	14 Lunch Group at The Haven 11:30 am <i>In Person</i>	15 Sponsor Meet&Greet at the Library 1:30 pm <i>In Person</i>	16 Walking Group at Fort Hunt Park Parking Lot C 10:00 am <i>In Person</i>	17 Friendly Chats 11:30 am On Zoom
18	19	20	21 ProgCmte <u>10:30</u> Lunch & Movie at Paul Spring 12:00 pm	22 Cheers Hosted by Paula Lettuce 5:00-7:00 <i>In Person</i>	23 Walking Group at Fort Hunt Park Parking Lot C 10:00 am <i>In Person</i>	24
25	26	27 Momentum at Library <u>1:30 pm</u> Book Group 3:00 pm On Zoom	28	29 Card&Games Hosted by Kathi Hanrahan 5:00 pm <i>In Person</i>	30 Walking Group at Hunt Meadow Park 10:00 am <i>In Person</i>	31
						<i>To RSVP, call our office at 703-303-4060 during regular office hours on weekdays 10:00-4:00.</i>

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When calling the office to RSVP, please let the MVAH office know if you will need a ride. Reminders and links for Zoom events will be sent out prior to each event. All RSVPs should be directed to the office at 703-303-4060 or by email to info@mountvernonathome.org. Please carpool when possible.

Thursday, October 1: Coffee Connections. 10:00 am to 12:00 pm at Little Way Café (2907 Popkins Ln, Alexandria). Please RSVP by Wednesday, September 30.

Friday, October 2: Walking Group. 10:00 am at Fort Hunt Park Picnic/Parking Lot C. Weather permitting. **Please note the change in the start time.**

Tuesday, October 6: MVAH Office Closed. Office staff will be attending a local Village conference.

Tuesday, October 6: Movie Group. 3:00 pm. Hosted by Kathi Hanrahan via Zoom. This month's movies are *Eye in the Sky* (2015) OR *Gettysburg* (1993) and *9 to 5* (1980).

Wednesday, October 7: Museum of the Army Carpool Trip. 11:00 am at the museum (1775 Liberty Dr, Fort Belvoir). Please RSVP by Friday, October 2.

Friday, October 9: Walking Group. 10:00 am at Fort Hunt Park Picnic/Parking Lot C. Weather permitting. **Please note the change in the start time.**

Monday, October 12: Columbus Day. The MVAH office is closed for this federal holiday.

Wednesday, October 14: Lunch Group. 11:30 at The Haven. RSVP to the office by noon on Tuesday, October 13.

Thursday, October 15: MVAH Sponsor Meet & Greet. 1:30 pm to 3:30 pm. Sherwood Regional Library, Meeting Room. RSVPs are appreciated, but not required. Open to the public.

Thursday, October 15: *She Loves Me* at the Little Theater of Alexandria. 8:00 pm, opening curtain for show preview. See future *Bulletins* for more details. RSVP to the office by Monday, October 12.

Friday, October 16: Walking Group. 10:00 am at Fort Hunt Park Picnic/Parking Lot C. Weather permitting. **Please note the change in the start time.**

Saturday, October 17: Friendly Chats. 11:30 am. Hosted by Michele Calhoun via Zoom. We're still looking for a facilitator for this call. Do you have a unique interest, passion, or area of expertise that you'd like to share? It will surely generate discussion and sharing from others. If so, contact the office. Open to all!

Wednesday, October 21: Program Committee. 10:30 am. Hosted by Vikki Bea via Zoom. Open to all. Bring your ideas!

Wednesday, October 21: Lunch & a Movie. At Paul Spring Retirement Community. Lunch begins at 12 noon, followed by the movie *Nonnas* (2025). RSVP to the office by Monday, October 19.

Thursday, October 22: Cheers! 5:00 pm to 7:00 pm. Hosted by Paula Lettice. RSVP to the office by Tuesday, October 20, to confirm your attendance and receive the event location.

Friday, October 23: Walking Group. 10:00 am at Fort Hunt Park Picnic/Parking Lot C. Weather permitting. **Please note the change in the start time.**

Tuesday, October 27: Momentum Collective Presentation hosted by MVAH Gold Sponsor SYNERGY HomeCare. 1:30 pm to 2:30 pm at Sherwood Regional Library, Meeting Room. RSVP to the office by noon on Monday, October 26.

Tuesday, October 27: Book Group. 3:00 pm. Hosted by Laurie Tracy via Zoom.

Thursday, October 29: Cards and Games Group. 5:00 pm to 7:00 pm. Hosted by Kathi Hanrahan. RSVP to the office by Tuesday, October 27, to confirm your attendance and receive the event location.

Friday, October 30: Walking Group. 10:00 am at Huntley Meadows Park. Note the location change from Ft. Hunt Park on the last Friday of the month. Meet in the parking lot at the Lockheed Blvd. entrance. Weather permitting. **Please note the change in the start time.**