

MOUNT VERNON AT HOME FEBRUARY 2026 MEMBER EVENTS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>To RSVP, call our office at 703-303-4060 during regular office hours on weekdays</i>	Livestream Events—George Washington's Mount Vernon: Daily Monday to Friday at Noon					
1	2	3 Movie Group 3:00 pm On Zoom	4	5 Aging in America at Sherwood Library 2:00 pm <i>In Person</i>	6 Walking Group at Fort Hunt Park 10:00 am <i>In Person</i>	7
8	9 FC Public Library's Access Svcs Sherwood Lib 11:00 am <i>In Person</i>	10 Timely Topics Reboot 11:00 am On Zoom	11 Lunch Group at The Haven 11:30 am <i>In Person</i>	12 Cards and Games Group at Keith & Vikki Bea 5:00-7:00 pm <i>In Person</i>	13 Walking Group at Fort Hunt Park 10:00 am <i>In Person</i>	14
15	16 Presidents' Day MVAH and Library Closed	17 Coffee at Brightview Senior Living 10:00 am <i>In Person</i>	18 ProgCmte <u>10:30</u> Lunch & Movie at Paul Spring 12:00 pm	19 Freedom House Museum Tour 1:00-3:30 pm <i>In Person</i>	20 Walking Grp Fort Hunt Park <u>10:00 am</u> Dementia Sherwood Lib 11:00 am	21
22	23	24 Book Group 3:00 pm On Zoom	25 Cheers! Hosted by Paula Lettuce 5:00-7:00 pm <i>In Person</i>	26 MVAH Annual Meeting Sherwood Lib 12:00-2:00 pm <i>In Person</i>	27 Walking Group at Huntley Meadows Park 10:00 am <i>In Person</i>	28
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When calling the office to RSVP, please let the MVAH office know if you will need a ride. Reminders and links for Zoom events will be sent out prior to each event. All RSVPs should be directed to the office at 703-303-4060 or by email to info@mountvernonathome.org. Please carpool when possible.

Tuesday, February 3: Movie Group. 3:00 pm. Hosted by Kathi Hanrahan via Zoom. This month's movies are *The Book Thief* (2013) and *How Green Was My Valley* (1941).

Thursday, February 5: ACCFamily Sponsor Event, *Aging in America*. 2:00 pm. Please RSVP by Tuesday, February 3.

Friday, February 6: Walking Group. 10:00 am at Fort Hunt Park Picnic/Parking Lot A. Weather permitting.

Monday, February 9: Fairfax County Public Library's Access Services Presentation. 11:00 am in Sherwood Regional Library's Large Conference Room. Please RSVP by Friday, February 6.

Tuesday, February 10: Timely Topics Reboot. 11:00 am via Zoom. Please join to help determine the future of Timely Topics.

Wednesday, February 11: Lunch Group. 11:30 am at The Haven. RSVP to the office by Tuesday, February 10, at noon.

Thursday, February 12: Cards and Games Group. 5:00 pm to 7:00 pm. Hosted by Keith and Vikki Bea. RSVP to the office by Tuesday, February 10, to confirm your attendance and receive the event location.

Friday, February 13: Walking Group. 10:00 am at Fort Hunt Park Picnic/Parking Lot A. Weather permitting.

Monday, February 16: Presidents' Day. MVAH and the library are closed.

Tuesday, February 17: MVAH Coffee at Brightview Senior Living (6509 Telegraph Road, Alexandria) 10:00 am to 11:30 am. Please RSVP to the office by Friday, February 13 at noon so Brightview can plan accordingly.

Wednesday, February 18: Program Committee. 10:30 am. Hosted by Vikki Bea via Zoom. Open to all. Bring your ideas!

Wednesday, February 18: Lunch & a Movie. At Paul Spring Retirement Community. Lunch begins at noon, followed by the movie *Notting Hill*. RSVP to the office by February 16.

Thursday, February 19: Freedom House Museum Tour. 1:00 pm to 3:30 pm (approximately). See the article on page 8 and future *Bulletins* for RSVP information.

Friday, February 20: Walking Group. 10:00 am at Fort Hunt Park Picnic/Parking Lot A. Weather permitting.

Friday, February 20: Are You Ever Concerned About Your Memory? A Conversation on Dementia vs. Normal Aging – Dementia Support Team Presentation. 1:00 pm to 2:00 pm. Large Conference Room, Sherwood Regional Library. Please RSVP by Wednesday, February 18, at noon.

Tuesday, February 24: Book Group. 3:00 pm. Hosted by Laurie Tracy via Zoom.

Wednesday, February 25: Cheers! 5:00 pm to 7:00 pm. Hosted by Paula Lettice. RSVP to the office by Monday, February 23, to confirm your attendance and receive the event location.

Thursday, February 26: MVAH Annual Meeting. 12:00 pm to 2:00 pm. See the article and future *Bulletins* for more information.

Friday, February 27: Walking Group. 10:00 am at Huntley Meadows Park. Meet in the parking lot at the Lockheed Blvd. entrance. Weather permitting.