

MOUNT VERNON AT HOME AUGUST 2026 MEMBER EVENTS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>To RSVP, call our office at 703-303-4060 during regular office hours on weekdays</i>						1
2	3	4 Movie Group 3:00 pm On Zoom	5	6	7 Walking Group at Fort Hunt Park 9:30 am <i>In Person</i>	8
9	10	11	12 Lunch Group at The Haven 11:30 am <i>In Person</i>	13	14 Walking Group at Fort Hunt Park 9:30 am <i>In Person</i>	15 Friendly Chats 11:30 am On Zoom
16	17	18 Coffee at Brightview Senior Living 10:00 am <i>In Person</i>	19 ProgCmte <u>10:30</u> Lunch & Movie at Paul Spring 12:00 pm	20 Cheers Hosted by Kathi Hanrahan 5:00-7:00 <i>In Person</i>	21 Walking Group at Fort Hunt Park 9:30 am <i>In Person</i>	22
23	24	25 Book Group 3:00 pm On Zoom :	26 Card&Games Hosted by Paula Lettuce 5:00-7:00 pm <i>In Person</i>	27 Little Theater of Alexandria Trip 8:00 pm <i>In Person</i>	28 Walking Group at Hunt Meadow Park 9:30 am <i>In Person</i>	29
30	31					<i>To RSVP, call our office at 703-303-4060 during regular office hours on weekdays</i>

MOUNT VERNON AT HOME AUGUST 2026 MEMBER EVENTS

When calling the office to RSVP, please let the MVAH office know if you will need a ride. Reminders and links for Zoom events will be sent out prior to each event. All RSVPs should be directed to the office at 703-303-4060 or by email to info@mountvernonathome.org. Please carpool when possible.

Tuesday, August 4: Movie Group. 3:00 pm. Hosted by Kathi Hanrahan via Zoom. This month's movies are *The Sheep Detectives* (2026) and *Spotlight* (2015).

Friday, August 7: Walking Group. 9:30 am at Fort Hunt Park Picnic/Parking Lot A. Weather permitting.

Wednesday, August 12: Lunch Group. 11:30 at The Haven. RSVP to the office by Tuesday, August 11, at 12 noon.

Friday, August 14: Walking Group. 9:30 am at Fort Hunt Park Picnic/Parking Lot A. Weather permitting.

Saturday, August 15: Friendly Chats. 11:30 am. Hosted by Michele Calhoun via Zoom. We're still looking for a facilitator for this call. Do you have a unique interest, passion, or area of expertise that you'd like to share? It is sure to generate discussion and sharing by others. If so, contact the office. Open to all!

Tuesday, August 18: MVAH Coffee at Brightview Senior Living (6509 Telegraph Road, Alexandria). 10:00 am to 11:30 am. Please RSVP to the office by Monday, August 17, so Brightview can plan accordingly.

Wednesday, August 19: Program Committee. 10:30 am. Hosted by Vikki Bea via Zoom. Open to all. Bring your ideas!

Wednesday, August 19: Lunch & a Movie. At Paul Spring Retirement Community. Lunch begins at 12 noon, followed by the movie *No Highway in the Sky* (1951). RSVP to the office by Monday, August 17.

Thursday, August 20: Cheers! 5:00 pm to 7:00 pm. Hosted by Kathi Hanrahan. RSVP to the office by Tuesday, August 18, to confirm your attendance and receive the event location.

Friday, August 21: Walking Group. 9:30 am at Fort Hunt Park Picnic/Parking Lot A. Weather permitting.

Tuesday, August 25: Book Group. 3:00 pm. Hosted by Laurie Tracy via Zoom.

Wednesday, August 26: Cards and Games Group. 5:00 pm to 7:00 pm. Hosted by Paula Lettice. RSVP to the office by Monday, August 24, to confirm your attendance and receive the event location.

Thursday, August 27: *Blithe Spirit* at the Little Theater of Alexandria. 8:00 pm, opening curtain for show pre-view. See future *Bulletins* for more details.

Friday, August 28: Walking Group. 9:30 am at Huntley Meadows Park. Note the location change from Fort Hunt Park on the last Friday of the month. Meet in the parking lot at the Lockheed Blvd. entrance. Weather permitting.