

Message from Virginia Hodgkinson President

This year's *Celebrate!* was great. The weather was perfect. It was a beautiful evening. There were lovely flower arrangements on the tables; the food was delicious, and desserts included gelato and gorgeous cupcakes. The live auction and list of sponsors exceeded last year's income. And while all the results are yet to be tallied, member attendance and donations were down compared to last year. We'll provide more data in the future. We want to thank all of our sponsors, volunteers, donors to the live and silent auctions, and our Gala committee for their dedication, creativity and help.

We have *great* news! The Board of Directors selected Susan Deller as our new executive director. Susan has extensive experience in many aspects of services and living arrangements for seniors. (See the opposite column for more details about her.) Although she does not come on board until July 1, Susan will join us for the morning coffees at the Mount Vernon Country Club on both May 30 and June 27. I hope you can join us to meet and welcome her. We look forward to working with Susan to help our organization continue to grow and to build our community.

I also hope that you will come to our Summer Solstice potluck dinner hosted this year by Frankie Roberts, co-chair of our Program Committee. It will be held on Saturday, June 22 at 5:00 pm. This is always a popular Mount Vernon At Home event!

Just a reminder. If you know when you have medical or other appointments, please call the office as soon as possible if you need transportation. Volunteers take vacations in the summer so the more advance notice we receive helps us to get transportation for you.

In the meantime, HAPPY SUMMER!



Welcome Susan Deller! Mount Vernon At Home's New Executive Director

Susan has over 30 years of diversified experience in sales, marketing, entrepreneurship, publishing, property management and relocation consulting. She has always prided herself in being a creative, hard-working person with superior customer service skills. Susan has a passion for helping and advocating for older adults and their families and has extensive knowledge and expertise in sales and marketing in a broad range of senior living including: life plan communities (formerly known as CCRCs) and skilled nursing and assisted living communities.

Susan's most recent work experiences include Admissions Director at Mt. Vernon HealthCare Center; Director of Community Relations at the New Brandywine Living at Alexandria; Community Relations Director at Paul Spring Retirement Community; Director of Sales & Marketing for Collington - a Kendal Affiliate; and Sales Counselor at Shannondell at Valley Forge.

Having worked in a multitude of senior living options, she fully understands how important "aging-in-place" is for the majority of seniors (including her own parents). Susan is most proud of raising her four incredible, hard-working and caring children to adulthood with her loving husband, Bill, of 32 years. She has five precious grandchildren, two golden doodles (being trained as therapy dogs), and one grumpy old fat cat named Jack. Susan is excited to expand on the benefits of the Village movement in our community by building relationships through integrity, transparency, loyalty and caring for others. Susan is looking forward to an exciting journey ahead with Mount Vernon At Home!



Thank You *Celebrate!* 2019

Mount Vernon At Home Sponsors

Diamond Sponsors

Paul Spring Retirement Community
Anderson Orthopaedic Clinic

Platinum Sponsors

Christian Relief Services
Inova Mount Vernon Hospital
ACC Family

Gold Sponsors

Brandywine Living at Alexandria
Mt Vernon Healthcare Center
Old Dominion Home Care
Synergy HomeCare

Silver Sponsors

Four Sales, Ltd
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John Herbin Insurance
LANDED
Mt Vernon Center for Dentistry
Sunrise Senior Living at Mount Vernon

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Hollin Hall Automotive
Home Instead Senior Care
Mt Vernon Physical Therapy
Right at Home
Senior Helpers – Mt Vernon
Seward Realty Group
VCA Virginia Animal Hospital
Virginia Hospital Center

Partners

Blue Ridge Enterprises
Hollin Hall Cleaners
Mount Vernon Companion Care

Many Thanks to Our *Celebrate!* 2019 Committee

Erica Frazier, *Chairperson*
Betsy Clagett
Peter Crouch
Corrie Cyre
Susan Deller
Sarah Drexler
Richard Hart

Virginia Hodgkinson
Morrie Hoven
Ross Hunt
Alexandra Johnson
Barbara Knight
Paul Krizek
Pearlbea LeBier

Mitch Opalski
Mary Peters
Michael Pope
Dave Prescott
Susan Reardon
Amy Reynolds
Daniel Sanders

Barbara Sullivan
Cher Terry
Kae Wells

Special Thanks to...

Our Fabulous Volunteers
Janet Daniels, River Farm
Michael Pope, Emcee
Daniel Sanders, Auctioneer, Four Sales, Ltd
Linda Adams, Wilton Wood Garden Club

Brandywine Living at Alexandria
Greg Dushaw, Southside 815
Marjorie Spires, Partners in real Estate
Synergy HomeCare
Bridget Doane

CELEBRATE! 2019



Upcoming Events

Monday, June 17: Lunch Group. 12:00 noon. Lunch will be at Famous Dave's BBQ located at Beacon Hill Center, 6630 Richmond Highway, Alexandria, 22306. Please RSVP to our office by Wednesday, June 12.

Saturday, June 8: Timely Topics. 11:00 am. On Saturday, June 8 at 11:00 am the assembled group will explore the question of *How to Make Elections Fairer?* Please join us at the Montebello home of Virginia Hodgkinson (5904 Mt. Eagle Drive, #308). All are welcome; however, do sign up with the office by calling: 703-303-4060. Timely Topics meets on the second Saturday of each month.

Thursday, June 27: Coffee Social.

10:00 am. Mount Vernon At Home members will meet for mingling, coffee and breakfast noshing. RSVP to our office by Friday, June 21.



Saturday, June 22: Summer Solstice Potluck Picnic.

5:00 pm. At the home of Pat and Franki Roberts, 2203 Whiteoaks Drive, 22306 (Hollin Hills). Bring a dish to share that's large enough for 6-8 people. This is a great way to kick off the summer!

Friends of the Village

by Paula Lettice



Greetings from the Friends of the Village!! Susan and I were happy to attend CELEBRATE! and help out as volunteers during the event! This fundraiser is not only important to the financial bottom line of the organization but it is an occasion to "celebrate" the role that Mount Vernon At Home plays in our community. Many thanks to those who attended, those who sponsored and donated, and those who helped set-up/take down/check-in/check-out! It does "take a village!"

Again, if you have friends, neighbors, former colleagues, etc. who are supportive of our Village and the Village concept and might be interested in our group, please let us know!

Paula Lettice and Susan Reardon
Co-Chairs, Friends of the Village

A Reminder from our Office

Please remember to call us during business hours for all service requests. Please do not leave service requests on our voicemail—we want to be sure that we can speak with you and have ample time to find a volunteer for your request.

A Big Welcome to Our Newest Member!

Dorothy White - Plymouth Haven

Bridge Game Winners

April 30

Virginia Martin
Margaret Edelman



MOUNT VERNON AT HOME JUNE 2019 MEMBER EVENTS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>To RSVP, call our office at 703-303-4060 during regular office hours on weekdays 10:00-4:00.</i>	<i>Please remember to wear your name tags to our events.</i>					1
2	3	4	5 Grocery Shopping 1:00 pm	6	7	8 Timely Topics 11:00 am at the home of Virginia Hodgkinson
9	10 Program Committee 2:00 pm Sherwood Library	11	12 Grocery Shopping 1:00 pm Friends Happy Hour 6:00 - 8:00 pm Burtons Grill	13 Bridge 1:00 pm at the Edelman home	14	15
16 <i>Fathers Day</i>	17 Lunch Group 12:00 pm Famous Dave's BBQ	18	19 Grocery Shopping 1:00 pm Lunch/Movie 12:00 noon PSRC	20 Cheers 5:00 - 6:30 pm Bornmann home	21	22 Potluck Picnic 5:00 pm Roberts' home
23	24	25 Bridge 10:00 am at the home of Virginia Hodgkinson	26 Grocery Shopping 1:00 pm	27 Coffee Social 10:00 am Mt. Vernon Country Club	28	29
30						

MOUNT VERNON AT HOME JUNE MEMBER EVENTS

Shopping/Errand Days: The grocery shopping days in June are *Wednesday, June 6, 13, 20 and 27*. Reservations are required by the Friday prior to the scheduled shopping day.

Saturday, June 8: Timely Topics. 11:00 am. At the Montebello home of Virginia Hodgkinson, 5904 Mount Eagle Drive, #308, 22303. The topic will be: *How to Make Elections Fairer?* All are welcome, but reservations are required. Please RSVP to the office by Tuesday, June 4.

Wednesday, June 12: Friends of the Village Happy Hour. 6:00 pm - 8:00 pm. Burtons Grill, 6452 Old Beulah Street, 22315. Please RSVP to Paula Lettice, 703-780-3463 or pglettice@gmail.com.

Monday, June 17: Lunch Group. 12:00 pm. Famous Dave's BBQ, 6630 Richmond Highway, 22306. Please RSVP to the office by Wednesday, June 12.

Thursday, June 13: Bridge. 1:00 pm. At the home of Margaret Edelman, 7411 Recard Lane, 22307. Reservations are required. Please call our office to RSVP.

Wednesday, June 19: Lunch/Movie. 12:00 pm. Paul Spring Retirement Community, 7116 Fort Hunt Road, 22307. Lunch at noon will be followed at 1:00 pm by *Cool Hand Luke* (1967). This movie was scheduled for our May lunch/movie, however participants viewed another movie. By popular demand, we're trying again. RSVP to our office by Friday, June 14.

Thursday, June 20: Cheers. 5:00 - 6:30 pm. At the home of Pris Bornmann, 1903 Sword Lane, 22308 (Stratford on the Potomac). Bring along a friend, an appetizer to share (enough for 4-6 people), and your choice of beverage. RSVP to our office by Friday, June 14. Transportation options available.

Saturday, June 22: Summer Solstice Potluck Picnic. 5:00 pm. At the home of Pat and Franki Roberts, 2203 Whiteoaks Drive, 22306 (Hollin Hills). Join in the fun of a Mount Vernon At Home tradition! Call our office to coordinate your food contribution. Please bring enough for 6-8 people. RSVP to our office by Monday, June 17.

Tuesday, June 25: Bridge. 10:00 am. At the Montebello home of Virginia Hodgkinson, 5904 Mt. Eagle Drive, #308, 22303. Reservations are required. RSVP to the office.

Thursday, June 27: Coffee Social. 10:00 am. Mount Vernon Country Club, 5111 Old Mill Road, 22309. RSVP to the office by Friday, June 21.

Please Note

Summer Office Hours

*Our summer office hours are in effect.
Friday office hours are 10:00 am - 2:00 pm.
Office hours Monday through Thursday
remain unchanged.*

Monday - Thursday: 10:00 am - 4:00 pm
Fridays: 10:00 am - 2:00 pm