

# MOUNT VERNON AT HOME OCTOBER 2020 MEMBER EVENTS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>To RSVP, call our office at 703-303-4060 during regular office hours on weekdays 10:00-4:00.</i>		Livestream Events—George Washington’s Mount Vernon: Daily Monday to Friday at Noon <a href="#"><u>Click Here</u></a>				
	Meditation each Monday 9:30 am On Zoom			1	2	3  2nd Cup 11:00 am On Zoom
4	Meditation each Monday 9:30 am On Zoom	6	9	8  Book Club 3:00 pm On Zoom	9	10  Timely Topics 11:00 am On Zoom
11	**NO** <u>Meditation</u>	13	14  Program Committee Meeting 2:00 pm On Zoom	15	16	17
18  Conversations 3:00 pm On Zoom: connect at 2:45 to be ready by 3 pm	Meditation each Monday 9:30 am On Zoom	20	21	22  Cheers! 5:00 pm On Zoom	23	24  2nd Cup 11:00 am On Zoom
25	Meditation each Monday 9:30 am On Zoom	27	28	29  Goodwin House At Home presents Home Safety Tips 1:00 pm On Zoom	30	31

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# MOUNT VERNON AT HOME SEPTEMBER MEMBER EVENTS

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## Upcoming Events

All events are on Zoom and you can either join with video or phone. To RSVP, please call our office at 703-303-4060, or send an email to [info@mountvernonathome.org](mailto:info@mountvernonathome.org). We will send the Zoom information out the week of the event to those who RSVP.

**2<sup>nd</sup> Cup:** Saturdays, October 3 and October 24 at 11:00 am, hosted by Morrie Hoven and Don Peterson

**Meditation Mondays:** October 5, 19 and 26 mornings at 9:30 am, led by Jan Buchanan. No session October 12.

**Book Club:** Thursday, October 8 at 3:00 pm, hosted by Barbara Brennan

**Timely Topics:** Saturday, October 10, 11:00 am on “How can we provide equity for all Americans?” with Holly Hoven and Virginia Hodgkinson

**Program Committee Meeting:** Wednesday, October 14 at 2:00 pm

**Conversations:** Sunday, October 18 at 3:00 pm

**Cheers:** Thursday, October 22 at 5:00 pm, hosted by Franki Roberts.

**2<sup>nd</sup> Cup:** Saturday, October 24 at 11:00 am, hosted by Morrie Hoven and Don Peterson

**Goodwin House At Home:** Thursday, October 29 at 1 pm, Presentation on Home Safety Tips