

MOUNT VERNON AT HOME MAY 2023 MEMBER EVENTS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>To RSVP, call our office at 703-303-4060 during regular office hours on weekdays</i>	Livestream Events— George Washington’s Mount Vernon: Daily Monday to Friday at Noon					
	1	2 MovieClub 3:00 pm On Zoom	3	4	5 Walking Group at Fort Hunt Park 10:00 am <i>In Person</i>	6
7	8 Program Committee Meeting 2:00 pm On Zoom	9 Lunch Group at McAllister’s Deli 11:30 am <i>In Person</i>	10 Men’s Lunch Group at The Haven 11:30 am <i>In Person</i>	11	12 Walking Group at Fort Hunt Park 10:00 am <i>In Person</i>	13 Timely Topics 11:00 am On Zoom
14	15 \	16	17 Lunch&Movie at Paul Spring 12:00 pm <i>In-Person</i>	18 Cheers! 4:30-6:30 pm <i>In Person</i>	19 Walking Group at Fort Hunt Park 10:00 am <i>In Person</i>	20
21 Conversations 3:00 pm On Zoom: connect at 2:45 to be ready by 3 pm	22 \	23 BookClub 3:00 pm On Zoom	24 MVAH Gala at River Farm 4:00-6:00 pm <i>In Person</i>	25	26 Member Coffee at Mount Vernon Country Club 10:00-11:30am <i>In Person</i>	27
28	29 Memorial Day Office Closed	30	31		Livestream Events— George Washington’s Mount Vernon: Daily Monday to Friday at Noon	

MOUNT VERNON AT HOME MAY 2023 MEMBER EVENTS

Upcoming Events

Please note that for all Zoom events, reminders and Zoom links will be sent out the week before. Please RSVP (for both Zoom and in-person events) to the MVAH office at 703-303-4060 or by email to coordinator@mountvernonathome.org, and let us know if you need transportation to or from any events.

Tuesday, May 2: Movie Club. 3:00 pm hosted by Kathi Hanrahan via Zoom. Last month's movies earned 3.8 and 4.0 ratings. How will you rate this month's movies? Watch the movies *Charlie Wilson's War* and *Till* then join our Movie Club for a lively discussion. Dial in: 301-715-8592; Meeting ID 838 2459 4617; Passcode 706500.

May 5: Friday Walking Group. In person. Meet on May Fridays (5/5, 5/12, and 5/19) at 10:00 am in the parking lot in front of the first pavilion (Pavilion A) at Fort Hunt Park. The loop is approximately 1.2 miles. Walkers of all speeds welcome. Walk at your own pace. We will meet back up at the pavilion if it's available and your schedule allows. We will not walk if it's raining. RSVP to our office. For last minute questions contact Sandy at 703-517-3278.

Monday, May 8: Program Committee Meeting. 2:00 pm by Zoom. Dial in: 301-715-8592; Meeting ID: 874 1772 8613, Passcode: 937466

Tuesday, May 9: Member Lunch Group. In person. 11:30 am at McAlister's Deli, Mount Vernon Plaza (7704 Richmond Hwy. 22308). RSVP to our office.

Wednesday, May 10. Men's Group Lunch. In person. 11:30 am. Lunch at The Haven, 1401 Belle Haven Rd., Alexandria 22307. RSVP to our office.

Saturday, May 13: Timely Topics Saturday Edition. 11:00 am by Zoom. Virginia Hodgkinson and Holly Hoven are the discussion facilitators and Paula Lettice is the Zoom host. For Zoom access assistance please contact Paula by phone (703-780-3463) or email (pglettice@gmail.com). Dial in: 301-715-8592; Meeting ID 892 3653 8913.

Wednesday, May 17. Paul Spring Lunch & Movie. In person. Lunch at Paul Spring (7116 Fort Hunt Rd., Alexandria 22307) begins at 12:00 pm followed by the movie, *Big Night* featuring Tony Shalhoub, Stanley Tucci and Minnie Driver among others. RSVP to our office.

Thursday, May 18. Cheers! 4:30 - 6:30 pm. Hosted by Nancy and David Barbour on their Porto Vecchio patio (1250 S. Washington Street, #106, Alexandria 22314). RSVP to our office. Please be sure to bring a dish to share as well as a beverage of your choice.

Sunday, May 21. Conversations. 3:00 pm by Zoom. Kristin McGill, Giant Food Store nutritionist, will present on fighting inflammation naturally. Dial in: 301-715-8592; Meeting ID 875 8598 4776

Monday, May 22. Membership Committee Meeting. 10:00 am. Meeting details are to be determined.

Tuesday, May 23. Book Club. 3:00 pm by Zoom, hosted by Laurie Tracy. RSVP to tracylauri@aol.com. Members will discuss their recent reads. Dial in: 301-715-8592; Meeting ID 986 173 6735; Passcode: 947559

Wednesday, May 24. MVAH Celebrate! Gala. 4:00 - 6:00 pm at River Farm (7931 East Boulevard Dr., Alexandria 22308). RSVP with payment. Our office will be closed as we prepare for the event but we will be available by phone

Friday, May 26. Coffee, Conversations and Camaraderie. In person. 10:00 - 11:30 am. Mount Vernon Country Club (5111 Old Mill Rd, Alexandria 22309). RSVP to our office.

Monday, May 29. Happy Memorial Day! *Our office is closed in observance of this holiday.*