

Mount Vernon *At Home*

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INTRODUCTION

MOUNT VERNON AT HOME is a new, nonprofit membership organization whose mission is to help residents of the Mount Vernon area live safely, comfortably, and confidently in their own homes for as long as possible, in the community they love. With an annual membership in MOUNT VERNON AT HOME, residents will be able to enjoy social and cultural programs with new and longtime friends, more easily maintain their homes, and continue to contribute to the vibrant community life of Mount Vernon.

MOUNT VERNON AT HOME supports local residents with convenient services, available with one phone call, and links its members in a friendly, mutually supportive “village” of Mount Vernon neighbors. We are the first such nonprofit organization in Virginia, and we are modeled on similar, highly successful aging-in-place “villages” across the nation.

MEMBERSHIP SERVICE AREA

Our area includes a 14-square-mile area in eastern Fairfax County, Virginia, bounded on the north by the City of Alexandria line; on the east by the Potomac River; on the south by Dogue Creek; and on the west by Richmond Highway/Route I. The Montebello condominium complex to the west of Richmond Highway is also included.

SERVICES AND MEMBER BENEFITS

MOUNT VERNON AT HOME provides its members with practical solutions, the services of willing volunteers, and the heightened confidence to enable successful “aging in place.” Examples of our services include assistance from volunteers with home and yard maintenance; rides to shopping, medical appointments, and restaurants; referrals to reliable service providers; and an array of social programs and cultural outings.

New members may schedule an initial interview with the Executive Director to discuss personal needs, interests, and concerns.

TRANSPORTATION

- ♦ Rides by volunteer drivers to doctor visits, medical appointments, and shopping
- ♦ Rides by volunteer drivers for weekly grocery shopping
- ♦ Carpools to exercise classes at the Senior Center and for similar activities

EDUCATIONAL AND CULTURAL ACTIVITIES

- ♦ Lectures on subjects of interest to seniors
- ♦ Discussion groups on foreign affairs and current events
- ♦ Group visits to museums and art galleries
- ♦ Group visits to theater and music performances, often with discounted tickets

SOCIAL ACTIVITIES

- ♦ Restaurant outings and potluck dinners
- ♦ Day trips to nearby sites of special beauty and historic interest
- ♦ Support groups, such as walking and dieting
- ♦ Special interest groups

HEALTH SERVICES

- ♦ Assistance with medical visits or hospital stays from specially trained volunteers who serve as medical advocates on your behalf
- ♦ Assistance with medical records and health insurance claims
- ♦ Volunteer monitoring of homebound members
- ♦ Information about reliable home health care and wellness providers
- ♦ Information about reliable respite, rehabilitation, and hospice providers
- ♦ Information about features and costs of selected emergency alert systems

HOME SERVICES

- ♦ Access to certified contractors with follow-up to check work quality
- ♦ Referral to specialized contractors able to install safety features in homes
- ♦ Handyman services from volunteers for home chores, such as simple repairs, organizing closets, temporary pet care
- ♦ Help with filing, bill payments, computers and cell phones
- ♦ Errands for homebound members to the library, post office, cleaners

NOTE: Not all services will be available on the official launch date of Mount Vernon At Home.

Some services will be phased in during the first year of operation.

MEMBERSHIP FEES

MOUNT VERNON AT HOME launched many of its programs and services in Fall 2009 and is now enrolling members. For more information on membership, please call our Executive Director, Jeff Reed, at 703-303-4060, visit our website, mountvernonathome.org, or send an email to info@mountvernonathome.org.

In today's economy, joining MOUNT VERNON AT HOME and remaining in your own home can be a very attractive financial alternative to moving to an assisted living or retirement community and paying high monthly fees. With a MOUNT VERNON AT HOME membership, you and your family will enjoy increased peace of mind, knowing that we will be here to look out for you and offer support, services, and practical solutions as your needs change.

Our twelve-month membership fee for a single-person household is \$550, and for a household of two or more, the fee is \$800. All membership fees are due and payable in advance. New members will receive

a Member Handbook with complete information on our many services and activities, together with MOUNT VERNON AT HOME member policies and procedures.

While donations to MOUNT VERNON AT HOME are welcome and tax-deductible to the extent permitted by law, membership fees are not tax-deductible.

VOLUNTEER OPPORTUNITIES

As a volunteer-based, nonprofit organization, we are grateful for the invaluable support of our many generous and skilled volunteers.

To apply to become a volunteer, please complete and sign a Volunteer Application, which is available on our website, mountvernonathome.org.

The application includes information that will help us better understand your unique skills and interests. We will later ask you to complete an online, confidential background investigation and an interview with us before you begin work as a volunteer with MOUNT VERNON AT HOME.

If you have further questions about volunteer opportunities with MOUNT VERNON AT HOME, please call our office at 703-303-4060. Please refer to the MOUNT VERNON AT HOME VOLUNTEER HANDBOOK, available from our office, for complete information on our volunteer programs and related policies.

DONATIONS

MOUNT VERNON AT HOME, Inc. is a 501(c)(3) nonprofit corporation organized exclusively for charitable and educational purposes. We will gratefully acknowledge all donations, which are tax-deductible to the extent permitted by law. To donate, please download a donation form on our website, mountvernonathome.org. Thank you for considering a gift to support MOUNT VERNON AT HOME's mission in the community.

CONTACT US TO BECOME A MEMBER, VOLUNTEER, OR DONATE

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