



# Application for Volunteer Service

INTERNET: [mountvernonathome.org](http://mountvernonathome.org)

MAIL: P.O. BOX 7493 ALEXANDRIA VA 22307-7493

PHONE: 703-303-4060 EMAIL: [info@mountvernonathome.org](mailto:info@mountvernonathome.org)

Thank you for your interest in volunteer opportunities with MOUNT VERNON AT HOME. As a volunteer-based, nonprofit organization, we are grateful for the invaluable support of our many generous and skilled volunteers. To apply to become a volunteer, please complete and sign this application, which will help us better understand your unique skills and interests. We will later ask you to complete an online, confidential background investigation.

*AFTER COMPLETING THIS APPLICATION, PLEASE MAIL IT TO THE VOLUNTEER COORDINATOR AT OUR ADDRESS ABOVE.*

If you have further questions about volunteer opportunities with MOUNT VERNON AT HOME, please call our office at 703-303-4060. Please refer to the MOUNT VERNON AT HOME *Volunteer Handbook*, available from our office, for complete information on our volunteer programs and related policies.

After we receive your application, our volunteer coordinator will be in touch with you with detailed instructions on submitting your background check information to our online volunteer portal, powered by Intellicorp. Once the background check is complete and approved, our volunteer coordinator will set up a meeting with you to further discuss our volunteer programs, policies, and procedures, as well as your skills and preferences. We look forward to adding you to our roster of skilled and dedicated volunteers. Thank you.

PLEASE PRINT:

\_\_\_\_\_  
NAME

\_\_\_\_\_  
STREET ADDRESS CITY STATE ZIP

\_\_\_\_\_  
COMMUNITY/SUBDIVISION NAME TELEPHONE NUMBER - - - - -

EMAIL ADDRESS \_\_\_\_\_

### AGREEMENT AND SIGNATURE:

I am applying to volunteer with MOUNT VERNON AT HOME and agree to comply with all pertinent policies, procedures, and program guidelines. I understand that I will not be able to perform any volunteer services until I have successfully completed the required background check and I have been accepted as an approved volunteer by the Executive Director and the Volunteer Coordinator of MOUNT VERNON AT HOME.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_



## Application for Volunteer Service

Please circle the day(s) and time(s) that are most convenient for you to volunteer with us:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9 AM - 1 PM	9 AM - 1 PM	9 AM - 1 PM	9 AM - 1 PM	9 AM - 1 PM	9 AM - 12	9 AM - 12
1 - 5 PM	1 - 5 PM	1 - 5 PM	1 - 5 PM	1 - 5 PM	12 - 4 PM	12 - 4 PM
5 - 10 PM	5 - 10 PM	5 - 10 PM	5 - 10 PM	5 - 10 PM	4 - 8 PM	4 - 8 PM
					8 - 10 PM	8 - 10 PM

Please indicate your interest in working in the following volunteer program areas:

### Administrative Support

- Phone coverage and administrative support at the MOUNT VERNON AT HOME office
- Phone coverage in your home, for after-hours non-medical service requests (5 PM - 10 PM)
- Telephone or email follow-up with members or other telephoning from your home

### Advocacy and Family Support

- Medical: accompany members to the doctor or hospital (specialized training provided)
- Consumer protection and dispute resolution
- Bereavement support, family liaison, funeral assistance, etc
- Daily Check-In: upon request, call selected members daily to check on their health and well-being
- Companionship: upon request, visit members in their homes and provide companionship, or read to members with impaired vision

### Errands and Household Support

- Library, bank, grocery, pharmacy, cleaners, post office, church services and meetings
- Meal preparation and planning
- Check on member's house while he/she is away, water plants, bring in mail, pet care
- Car care and servicing: periodic safety/emissions inspections, refueling, washing

### Home Services and Maintenance

- Handyman: indoor maintenance, changing light bulbs and batteries, minor carpentry and electrical, plumbing, moving heavy items, hanging pictures or drapes, flipping mattresses
- Outdoors: snow or leaf removal, winterize hoses and furniture, minor gardening
- Repairs: minor storm damage, broken windows, plumbing issues, animal in house, etc.
- Organization: closets, cleanup, handicapped adaption, rearranging, sorting



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### Personal and Financial Assistance

- \_\_\_\_\_ Bill paying, filing, personal correspondence, records, organization
- \_\_\_\_\_ Online travel booking, arrangements, and assistance
- \_\_\_\_\_ Advice on tax preparation or assistance locating professional financial help

### Social and Cultural Programs

- \_\_\_\_\_ Arranging in-home get-togethers
- \_\_\_\_\_ Organizing cultural or educational outings
- \_\_\_\_\_ Serving as a Cultural Companion, driving members in your car to evening concerts/plays/movies, in exchange for a complimentary ticket to the event and reimbursement for any parking expenses

### Technology and Technical Support

- \_\_\_\_\_ Computer assistance, help with on-line shopping, troubleshooting television issues
- \_\_\_\_\_ Programming and using electronic devices such as wireless phones, DVD players, VCRs, HDTVs

### Transportation

- \_\_\_\_\_ Provide members with rides to medical, dental, physical therapy appointments
- \_\_\_\_\_ Provide members with rides to shopping, restaurants, and social events

Other background, experience, or specialized skills that you have to offer as a MOUNT VERNON AT HOME volunteer:



AFTER COMPLETING THIS APPLICATION, PLEASE MAIL IT TO:

MOUNT VERNON AT HOME Attention: Volunteer Coordinator P.O. Box 7493 Alexandria, VA 22307-7493